

ELLINGTON SENIOR CENTER CALENDAR – DECEMBER 2016 **schedule subject to change

DATE	TIME	DECEMBER 2016 SPECIAL EVENTS*		12/26	Closed	Happy Holidays!
12/2	7:00 pm	Winterfest at Hall Memorial Library		12/28 & 12/29		Maple Street Kitchen Closed
12/5	TBA	TRIP: Historic Deerfield Stocking Stuffer		DATE	TIME	JANUARY 2017 SPECIAL EVENTS*
12/8	12:30pm	Holiday Dinner		1/2	Closed	Happy New Year!
12/12	3:00pm-4:30pm	Musical Insights: History of Xmas Music		1/6	9:00am	Deadline to sign up for "Jersey Boys" Trip
12/13	12:30pm	Blood Pressure & Diabetic Screening		1/16	Closed	Martin Luther King Jr. Day
12/15	1:00pm-2:30pm	Memories & Creative Writing		1/28	TBA	Trip: Salem Cross Inn & Sleigh Ride
12/19	3:00pm	Live Opera & Show Tune Performance				No Musical Insights in January
12/21	1:00pm	History for Fun: Ford & Edison Camping...				

Monday 8:30am-6pm	Tuesday 8:30am-4pm	Wednesday 8:30am-4pm	Thursday 8:30am-4pm	Friday 8:30am-1:30pm
			1	2/3
<u>Daily programs during regular business hours:</u> Just Visiting Open Billiards Library Le Petite Café Technology Center *Sign-up or fee required; See Inside for Details	Please Include Me On The Ellington Senior Center Email and/or text alert list! Please print clearly Name: _____ Email: _____ Cell phone: _____ Cut and return this form	___ Monthly Newsletter ___ MSK Menu ___ CRT Menu ___ Trip Flyers ___ Special Event Flyers ___ Other: _____ @ _____ to the receptionist.	10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *Maple Street Kitchen Lunch 1:00pm Ballroom & Polka 1:00pm *1:1 Computer 2:30pm *Chair Yoga	<u>Friday</u> 9:00am Wii Bowling 11:00 *Tai Chi 7:00pm Winterfest at Hall Memorial Library <u>Saturday:</u> 6:30-10pm Open Billiards 7-10pm Setback
5	6	7	8	9/10
10:00am Chess Mates 10:00am Oil/Watercolor 11:30pm*Inter. Line Dance 12:00pm *CRT Lunch 1:00pm Needle Crafts 1pm *1:1 Computer w/Bill 1pm Easy Line Dancing 1:15pm Board Games 2:30pm *Yoga	9:00am Bridge 9:30am Adult Coloring 10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *CRT Lunch 1:00pm Dominoes 6:00pm Setback	9:00am Podiatry Clinic 9:30am Cut-Ups Carvers 12:00pm *Maple Street Kitchen Lunch 1:00pm *1:1 Computer w/Bill 2:00pm Shuffleboard 2:30pm *Yoga	10:00am *Chair Exercises In Activities Room Today 11am*Simple Circuit Fitness In Activities Room Today 12:30pm * Holiday Dinner 1:00pm *1:1 Computer 1:30pm Ballroom & Polka Dancing – Activities Room 2:30pm *Chair Yoga	<u>Friday</u> 9:00am Wii Bowling 11:00 NO Tai Chi <u>Saturday:</u> 6:30-10pm Open Billiards 7-10pm Setback

12	13	14	15	16/17
10:00am Chess Mates 10:00am Oil/Watercolor 11:30pm*Inter. Line Dance 12:00pm *CRT Lunch 1:00pm Needle Crafts 1pm *1:1 Computer w/Bill 1pm Easy Line Dancing 1:15pm Board Games 2:30pm *Yoga 3:00pm Musical Insights: The History of Christmas Music	9:00am Bridge 9:30am Adult Coloring 10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *CRT Lunch 12:30 Blood Pressure & Diabetic Screening 1:00pm Dominoes 6:00pm Setback	9:30am Cut-Ups Carvers 10:00am *Men's Club Breakfast 12:00pm *Maple Street Kitchen Lunch 1:00pm *1:1computer w/Bill 2:00pm Shuffleboard 2:30pm *Yoga	10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *Maple Street Kitchen Lunch 1:00pm *1:1 Computer/Bill 1:00pm Ballroom & Polka 1:30pm Memories & Creative Writing 2:30pm *Chair Yoga	<u>Friday</u> 9:00am Wii Bowling 11:00am *Tai Chi <u>Saturday:</u> 6:30-10pm Open Billiards 7-10pm Setback
19	20	21	22	23/24
10:00am Chess Mates 10:00am *Oil/Water Painting 11:30pm*Inter. Line Dance 12:00pm *CRT Lunch 1:00pm Needle Crafts 1pm *1:1 Computer w/Bill 1pm Easy Line Dancing 1:15pm Board Games 2:30pm *Yoga 3:00pm *Live Opera & Show Tune Performance	9:00am Bridge 9:30am Adult Coloring 10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *CRT Lunch 1:00pm Dominoes 6:00pm Setback	9:30am Cut-Ups Carvers 12:00pm *Maple Street Kitchen Lunch 1:00pm *1:1 Computer/Bill 1:00pm History for Fun: “Ford & Edison’s Excellent Camping Adventures” 2:00pm Shuffleboard 2:30 *Yoga	10:00am *Chair Exercises 11am*Simple Circuit Fitness 1:00pm *1:1 Computer/Bill 2:30pm *Chair Yoga	<u>Friday</u> 9:00am Wii Bowling 11:00 *Tai Chi <u>Saturday:</u> No Evening Programs
26	27	28	29	30/31
CLOSED	9:00am Bridge 9:30am Adult Coloring 10:00am *Chair Exercises 11am*Simple Circuit Fitness 12:00pm *CRT Lunch 1:00pm Dominoes 6:00pm Setback	9:30am Cut-Ups Carvers *No MSK Lunch 1:00pm *1:1 Computer w/Bill 2:00pm Shuffleboard 2:30pm *Yoga	9:30am Sew & So 10:00am *Chair Exercises 11am*Simple Circuit Fitness *No MSK Lunch 1:00pm *1:1 Computer/Bill 2:30pm *Chair Yoga	<u>Friday</u> 9:00am Wii Bowling 11:00 *Tai Chi <u>Saturday:</u> 6:30-10pm Open Billiards 7-10pm Setback